



My

Life

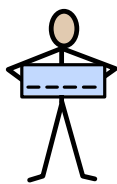


skills



Booklet

Working Towards L1



Name



This booklet is designed to highlight the progression our students make in their life skills over their time at school.

Please date when they have achieved the target. Both staff and student can sign to say it is completed. There is space on the back of each page for any photos that show how the target was met.



+

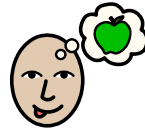
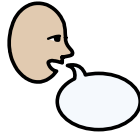


Healthy Living

and

Personal Care

Target



I CAN

EXPRESS

HUNGER

OR

THIRST



I can



communicate



hunger



or

thirst

through



sounds



Finish



Signed



•I

am



aware

of the



support

of



the

adult

with



my



water

flush with



Finish



Signed

the use of the gastro object of reference



+

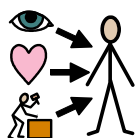


Healthy Living

and

Personal Care

Target



+







































I CAN

EXPERIENCE

EATING

AND

DRINKING

 I can  anticipate  food  routines with  interest	 Finish  Signed
 I can  request  a drink or  snack with  less  support at  appropriate  times of the  day	 Finish  Signed
 I can  make a  simple  choice between 2 two  for my  snack +  and lunch	 Finish  Signed
 I  am aware of the  support of the  adult with  my  gastro feed with the use of the  dinner object of reference	 Finish  Signed



Healthy Living



and



Personal Care



Target



I CAN



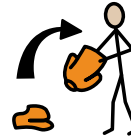
HELP



THE

ADULT

WITH



DRESSING



ME



I can



hold



out



arms

/



legs

to



aid

with



dressing



Finish



Signed



I can



sit

/



stand

still/



keep



my



body



still

to



aid



dressing



Finish



Signed

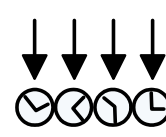
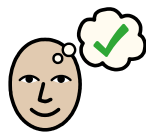


Healthy Living

and

Personal Care

Target



I

AM

AWARE

OF

MY

TOILETING

ROUTINE

An adult can show me the object of reference for the
 hygiene suite and I am aware of where I am
 going



Finish



Signed

I am happy for changes of position
 e.g. wheelchair to achieve if appropriate



Finish



Signed

I will follow an adult when they
 ask me to go to the toilet



Finish



Signed

I will allow the adult to
 wash my hands



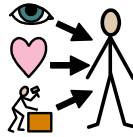
Finish



Signed



Independent Living and Personal Safety Target



I AM EXPERIENCING FEELING SAFE



I can respond to sensitive



to sensitive



physical contact and care



Finish



Signed

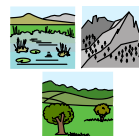
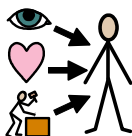


Independent Living

and

Personal Safety

Target



I AM EXPERIENCING MY ENVIRONMENTS



I can



move



around



the school



Finish



environment



with adult



support



Signed



I

am



aware

of



different



types

of



Finish



environments



and

exposed to



them



regularly



Signed

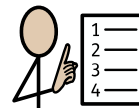
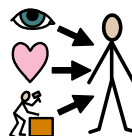


Independent Living

and

Personal Safety

Target

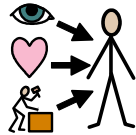


I AM EXPERIENCING RULES


























<p>I can respond to an adult saying "no" with intonation or gesture by pausing in what they are doing</p>	<p>Finish</p> <p>Signed</p>
<p>I can sometimes follow the request of 'no' with an appropriate response</p>	<p>Finish</p> <p>Signed</p>
<p>I am beginning to understand what an adult is asking me to do and respond.</p>	<p>Finish</p> <p>Signed</p>



Independent Living and Personal Safety Target



I AM EXPERIENCING A SENSE OF SELF

 I can  respond to own  name by  a  familiar  person	 Finish  Signed
 I can  respond to own  name by  an  unfamiliar  person	 Finish  Signed
 I can  communicate  needs +  and feelings in  a  variety of  ways including crying, gurgling, babbling + and squealing.	 Finish  Signed



Independence

in the



Community



Target



I


































AM

EXPERIENCING

A SENSE OF

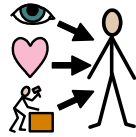


FAMILY








































<p>     </p> <p>I can recognise and am most responsive to main carer's</p> <p>     </p> <p>voice: face brightens, activity increases when familiar carer</p> <p>  </p> <p>appears.</p>	<p>  </p> <p>Finish</p> <p>  </p> <p>Signed</p>
<p>      </p> <p>I can seek physical and emotional</p> <p>     </p> <p>comfort from trusted adults.</p>	<p>  </p> <p>Finish</p> <p>  </p> <p>Signed</p>
<p>      </p> <p>I can make own sounds in response</p> <p>     </p> <p>when talked to by familiar adults.</p>	<p>  </p> <p>Finish</p> <p>  </p> <p>Signed</p>



Independence in the Community Target



I AM EXPERIENCING THE WORLD AROUND ME

 I can  turn  towards  a familiar  sound then  locates  range  of sounds with accuracy	 Finish  Signed
 I can  reach  out for,  touch and  begins to  hold objects.	 Finish  Signed
 I can  look  round a  room with  interest; visually scans  environment for novel,  interesting  objects +  and events.	 Finish  Signed
 I am  aware of  what is  going to happen  next when  I am  shown an "object of reference" e.g.  e.g. for dinnertime	 Finish  Signed



Independence

in the



Community



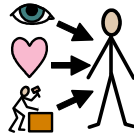
Target



I

AM

EXPERIENCING



FAMILIAR

SPACES



I can



explore



my



environment

with



support



Finish



Signed



I can



follow



familiar



adults



across



the room



Finish



Signed



Independence

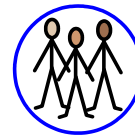
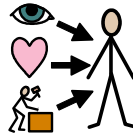
in the




















Community



Target

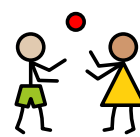
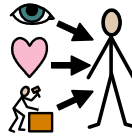


I AM EXPERIENCING RELATIONSHIPS






















 I can  enjoy  the company  of others	 Finish
 i can  gaze  at  faces	 Finish
 I can  copy  facial  movements.  e.g.  sticking out	 Finish

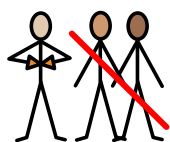


Independence in the Community Target



I AM EXPERIENCING PLAY

<p>  I can  laugh and gurgles, e.g.  shows pleasure  at being tickled and  other physical interactions </p>	<p>  Finish  Signed </p>
<p>  I can smile with pleasure at  recognisable toys </p>	<p>  Finish  Signed </p>
<p>  I can engage with a peer who is in  close proximity by  reaching out or  vocalising </p>	<p>  Finish  Signed </p>
<p>  I can tolerate an adult in parallel  play </p>	<p>  Finish  Signed </p>



Independence

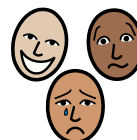
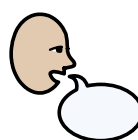
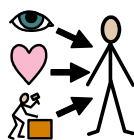
in the






































Community



Target



I AM EXPERIENCING AND EXPRESSING EMOTIONS

<p>  I can  show  a range  of emotions such as  pleasure,  fear +  excitement. </p>	<p>  Finish  Signed </p>
<p>  I can  react emotionally to  other  people's  emotions, e.g.  smiles when  smiled at </p>	<p>  Finish  Signed </p>
<p>  I can  calm from being  upset when  held, rocked,  spoken or  sung to with  soothing voice  </p>	<p>  Finish  Signed </p>
<p>  I can  show  excitement in  anticipation of a  favourite activity </p>	<p>  Finish  Signed </p>



Independence

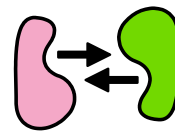
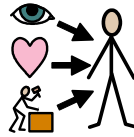


in the













































Community



Target

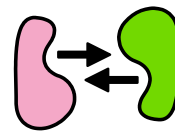
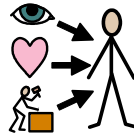


I AM EXPERIENCING INTERACTIONS




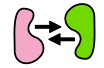






























<p>    e.g. I can respond when talked to, for example, </p> <p>      4ab+c moves arms and legs, changes facial expression </p>	<p>  Finish </p> <p>  Signed </p>
<p>       I can use voice, gesture, eye contact and facial expression </p> <p>       to make contact with people and keep their attention </p>	<p>  Finish </p> <p>  Signed </p>
<p>     I can react with abrupt change when a face </p> <p>     or object suddenly disappears from view </p>	<p>  Finish </p> <p>  Signed </p>
<p>      I can listen to, distinguish and respond </p> <p>    to intonations and sounds of voices. </p>	<p>  Finish </p> <p>  Signed </p>



Independence in the Community Target



I AM EXPERIENCING INTERACTIONS

<p>  I can  react  in  interactions  with others  by smiling,  looking  and  moving. </p>	<p>  Finish  Signed </p>
<p>  I can quieten or  become  alert to the  sound of  speech. </p>	<p>  Finish  Signed </p>
<p>  I can  look intently at a  person talking, but  stop  responding if  speaker turns  away. </p>	<p>  Finish  Signed </p>
<p>  I can  listen to  familiar sounds, words,  or finger  plays </p>	<p>  Finish  Signed </p>



Independence

in the



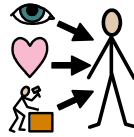
Community



Target

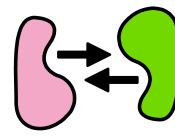


I



AM

EXPERIENCING



INTERACTIONS



I can



communicate



in



more



ways

inconsistent



Finish


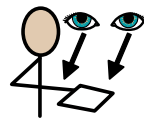





Signed

























Careers and Job Skills Target


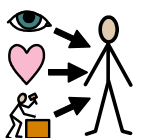



I CAN SHOW MY REACTION TO AN ACTIVITY.

<p>      </p> <p>i can react positively (smile, laugh)</p> <p>    </p> <p>to something I like.</p>	<p>  </p> <p>Finish</p> <p>  </p> <p>Signed</p>
<p>     </p> <p>I can show a negative reaction to</p> <p>    </p> <p>something I don't like.</p>	<p>  </p> <p>Finish</p> <p>  </p> <p>Signed</p>




























Careers and Job Skills Target





I CAN EXPERIENCE IDEAS ABOUT JOBS.

<p>      </p> <p>I can listen to stories about people</p> <p>     </p> <p>that do different jobs..</p>	<p>  </p> <p>Finish</p> <p>  </p> <p>Signed</p>
<p>      </p> <p>I can engage in an experience with</p> <p>     </p> <p>someone with a specific job.</p>	<p>  </p> <p>Finish</p> <p>  </p> <p>Signed</p>


















 Careers and Job Skills Target


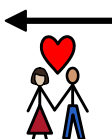


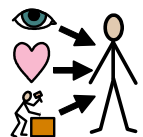
 I CAN RESPOND TO A FAMILIAR ADULT.

    I can respond to positive praise.	 Finish  Signed
    I can respond to negative reminders.	 Finish  Signed




























Careers and Job Skills Target

I CAN ENGAGE IN AN ENVIRONMENTAL EXPERIENCE.

    	
<p>I can listen to stories about animals</p> <p>+</p>  <p>and the environment.</p>	<p>Finish</p> <p>Signed</p>
    	
<p>I can engage in an experience with</p>   <p>the school dog.</p>	<p>Finish</p> <p>Signed</p>
   	
<p>I can engage in the environment,</p> <p>e.g.</p>   <p>e.g. nature walk.</p>	<p>Finish</p> <p>Signed</p>



Careers



and



Job

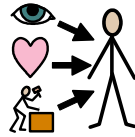
Skills



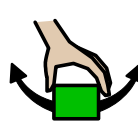
Target



I CAN



EXPERIENCE



USING



MONEY IN

THE



REAL



I can



experience



different



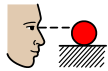
shops



and



Finish



watch



an adult



pay



for something.


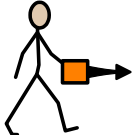






Signed

























Careers and Job Skills Target


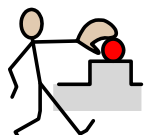


I CAN TAKE PART IN A GROUP ACTIVITY.

    <p>I can participate in a group activity</p>    <p>in my class.</p>	 <p>Finish</p>  <p>Signed</p>
    <p>I can participate in a group activity</p>     <p>in a wider school situation.</p>	 <p>Finished</p>  <p>Signed</p>
























 Careers and Job Skills Target


 I CAN GET MYSELF READY FOR LEARNING WITH





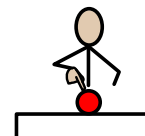




 SUPPORT

<p>     I can sit on a chair ready for </p> <p>  learning </p>	<p>  Finish </p> <p>  Signed </p>
<p>     I can show a negative emotion to a </p> <p>      subject/activity we do in school. </p>	<p>  Finish </p> <p>  Signed </p>
























Careers and Job Skills Target

I CAN IDENTIFY WHAT I LIKE AND DON'T LIKE



IN SCHOOL

   																																																																																																																																																																																																																																																																																																		
---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--