



My

Life

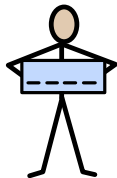


skills



Booklet

L1



Name



This booklet is designed to highlight the progression our students make in their life skills over their time at school.

Please date when they have started a target and then again when they have achieved it. Both staff and student can sign to say it is completed. There is space on the back of each page for any photos that show how the target was met.



Healthy Living

+

and



Personal Care



Target



I CAN



EAT

+

AND























DRINK



WITH



SUPPORT

 I can  hold  a bottle or  cup	 Finish  Signed
 I can  hold  food + and  bring it to  my  mouth	 Finish  Signed
 I can  try to  use  a spoon	 Finish  Signed



Healthy Living



and



Personal Care



Target



I CAN



EAT



AND
































DRINK



WITH



SUPPORT

 I can  show  my  likes  and  dislikes	 Finish  Signed
 I  will  try  new  foods	 Finish  Signed
 I can  feed  myself  with  a  spoon	 Finish  Signed
 I can  drink  without  spilling	 Finish  Signed



Healthy Living



and



Personal Care



Target



I CAN





























GO TO THE TOILET



WITH



SUPPORT

 I can  help  with  changing	 Finish  Signed
 I can  show  when  I have been to  the toilet	 Finish  Signed
 I can  recognise  when  I  need  the toilet	 Finish  Signed
 I can  recognise  a toilet	 Finish  Signed



Healthy Living



and



Personal Care



Target



I CAN



















DRESS



WITH

SUPPORT

 I can	 help	with	 clothing	 Finish  Signed
 I can	 dress	with	 help	 Finish  Signed
 I can	 get ready	for	 PE	 Finish  Signed
	 help			



Independent Living



and



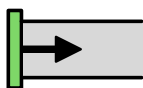
Personal Safety



Target



I CAN



START

TO



KEEP



MYSELF



SAFE



I

am



wary

of



unfamiliar



people



Finish



Signed

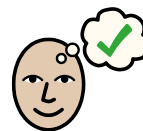


Independent Living

and

Personal Safety

Target



I CAN














DEVELOP

INDEPENDENCE

IN

KNOWN

PLACES

 I can show an idea of self	 Finish  Signed
 I can leave main carer with  support	 Finish  Signed
 I can show my preferences	 Finish  Signed
 I can start to comfort myself	 Finish  Signed



Independent Living



and



Personal Safety



Target



I CAN



BEGIN

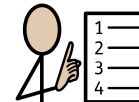
TO






















TO RECOGNISE



CLASS



RULES

 I	am beginning to	 know	 yes	+	and	 Finish	
		 no				 Signed	
 I can	 follow	 rules	with	 support		 Finish	
						 Signed	
 I	am	 learning	 some things	are	 mine	 Finish	
			 and some are shared			 Signed	



Independence

in the



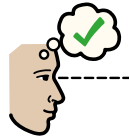
Community



Target



I CAN

































RECOGNISE



FAMILIAR



ADULTS

 I  am curious about  people	 Finish  Signed
 I  show  interest in  stories about  myself and  my  family	 Finish  Signed
 I  enjoy  pictures about  my  family  and  other  people	 Finish  Signed
 I  have a sense of  my  family	 Finish  Signed



Independence

in the



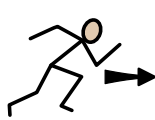
Community



Target

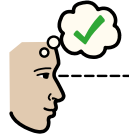


I CAN

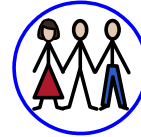


BEGIN

TO



RECOGNISE




















FAMILY



AND



COMMUNITY

 I can  imitate  actions  from  my  family	 Finish  Signed
 I  recognise  similarities  and  differences  to  others	 Finish  Signed



Independence



in the

Community

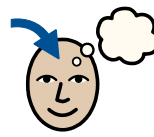


Target



I

AM BEGINNING TO




































LEARN

ABOUT THE



WORLD

 <p>I can</p>  <p>explore</p>  <p>objects</p>	 <p>Finish</p>  <p>Signed</p>
 <p>I can</p>  <p>remember</p> <p>where</p>  <p>objects</p> <p>belong</p>	 <p>Finish</p>  <p>Signed</p>
 <p>I can</p>  <p>match</p>  <p>parts of</p>  <p>objects</p>  <p>that</p> <p>fit</p>  <p>together</p>	 <p>Finish</p>  <p>Signed</p>
 <p>I</p>  <p>like</p>  <p>playing</p> <p>with</p>  <p>small</p>  <p>world</p>  <p>models</p>	 <p>Finish</p>  <p>Signed</p>
 <p>I can</p>  <p>explore</p>  <p>other</p>  <p>people's</p>  <p>beliefs</p>	 <p>Finish</p>  <p>Signed</p>



Independence

in the



Community



Target



I CAN



ACCESS



KNOWN

PLACES



I can



move

around



safely



Finish



Signed



Independence

in the



Community



Target



I CAN



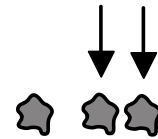
START TO

GAIN



ATTENTION

FROM



OTHERS



I can



gain



attention



in different



ways



Finish



Signed



I can



greet



known



people



Finish



Signed



I can



use



please

+

and



thank you



with encouragement



Finish



Signed



I can



say sorry



with

encouragement



Finish



Signed



Independence

in the



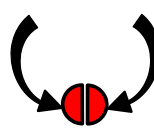
Community



Target

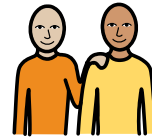


I CAN
































START TO

MAKE



FRIENDS

     I can make relationships with special  people	 Finish  Signed
    I can explore new situations with  support	 Finish  Signed
     I can interact with others with support	 Finish  Signed
     I can show interest in others	 Finish  Signed



Independence

in the



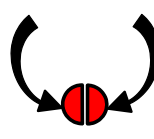
Community



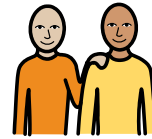
Target



I CAN































START TO



MAKE

FRIENDS

 I can  find  others  to  share  experiences	 Finish  Signed
 I can  show  affection  to my  special  people	 Finish  Signed
 I can  start to make  friends with  another  child	 Finish  Signed
 I  am beginning to have my own  friends	 Finish  Signed



Independence

in the



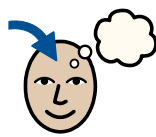
Community



Target

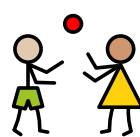


I CAN

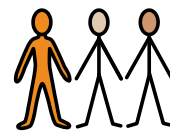


LEARN




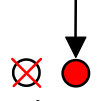































TO



PLAY



WITH OTHERS

    <p>I can play alongside others</p>	 <p>Finish</p>  <p>Signed</p>
     <p>I can play with a familiar adult</p>	 <p>Finish</p>  <p>Signed</p>
       <p>I am interested in others play and join in</p>	 <p>Finish</p>  <p>Signed</p>
    <p>I can initiate a social game</p>	 <p>Finish</p>  <p>Signed</p>
     <p>i can take part in turn-taking activities</p>	 <p>Finish</p>  <p>Signed</p>



Independence

in the



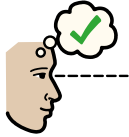
Community



Target



I CAN

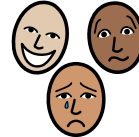


START TO

RECOGNISE



MY



FEELINGS



WITH

SUPPORT



I can



share



my



feelings

with a



familiar



adult



Finish



Signed



I

am



aware

of the



feelings

of



others



Finish



Signed



+



Skills



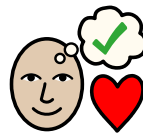
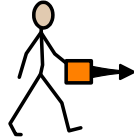
Careers

and

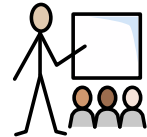
Job

Skills

Target



AN INTEREST



I CAN

TAKE






















AN

INTEREST

IN

MY





CLASS.

    <p>I can recognise a photo of myself.</p>	 <p>Finish</p>  <p>Signed</p>
    <p>I can choose a photo of my</p>    <p>friend from the class.</p>	 <p>Finish</p>  <p>Signed</p>
    <p>I can join in an activity I enjoy.</p>	 <p>Finish</p>  <p>Signed</p>






























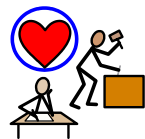



Careers and Job Skills Target

I CAN IDENTIFY FAMILIAR JOBS

 I can  identify  different  jobs  people  in school.	 Finish  Signed
 I can  identify  jobs  familiar  adults  do.	 Finish  Signed
 I can  different  jobs  people  do  in  stories/experiences  I  have	 Finish  Signed



Careers



and



Job

Skills



Target



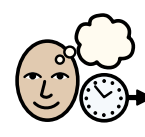
I CAN



UNDERSTAND



SCHOOL



EXPECTATIONS.



I can



recognise



things



that



we



Finish



are

allowed



to



do



in school.



Signed



I can



recognise



things



we



are not



Finish



allowed



to



do



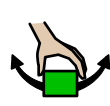
in school.



Signed



I can



use



my



manners.



Finish



Signed



Careers



and



Job

Skills



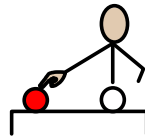
Target



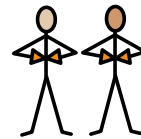
I CAN



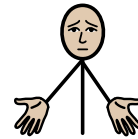
RECOGNISE



THAT



WE



NEED

TO



TAKE CARE OF



THE

ENVIRONMENT



I can



recognise



simple



ways



we



Finish



take care of



animals.



Signed



I can



recognise



simple



ways



we



Finish



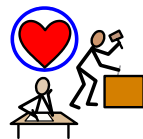
take care of



the environment.



Signed



Careers



and



Job

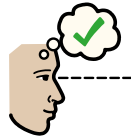
Skills



Target



I CAN



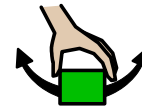
RECOGNISE



MONEY



AND



IT'S

USES.



I can



recognise



what



money

is



used

for.



Finish



Signed



I can



recognise



different



forms

of



money



(coins,



notes,



cards)



Finish



Signed



I can



recognise



items



that



cost



something



and



something



that



is



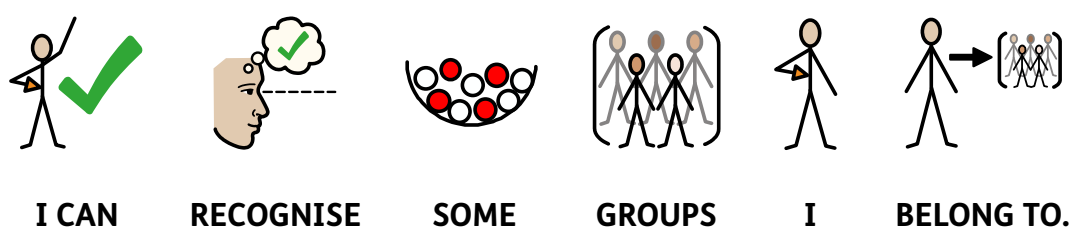
free..



Finish



Signed



I can recognise people who are in the	Finish Signed
same group as me, e.g. class, club.	
I can recognise people who are in	Finish Signed
my family.	



Careers



and



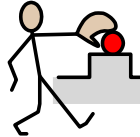
Job Skills



Target



I CAN



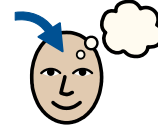
GET



MYSELF



READY



FOR LEARNING



I can



recognise



when



I



need

to



move

to a



table



to



learn



Finish



Signed



I can



use



my



now and next chart



with support



Finish



Signed



I can



point

to



visual



timetables



Finish


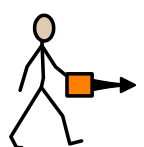
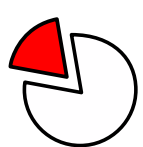
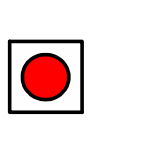
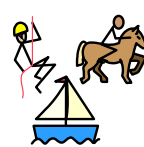
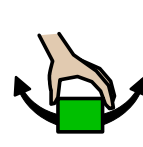


Signed


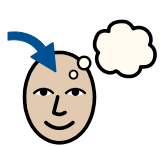


































Careers and Job Skills Target

I CAN TAKE PART IN ACTIVITIES USING

DIFFERENT LEARNING STYLES.

    <p>I can participate in a visual learning</p>  <p>activity.</p>	 <p>Finish</p>  <p>Signed</p>
   <p>I can participate in an auditory</p>   <p>learning activity.</p>	 <p>Finish</p>  <p>Signed</p>
  <p>I can participate in a kinaesthetic</p>   <p>learning activity.</p>	 <p>Finish</p>  <p>Signed</p>
    <p>I can show a preference through a verbal</p>    <p>or non verbal response to an activity.</p>	 <p>Finish</p>  <p>Signed</p>