

# H1 Summer Term: Home Learning ideas!

During Summer 1 H1's topic is 'Health and Fitness', where we will be looking at how we can keep our bodies healthy and fit! As we move into Summer 2, our topic will be 'Travel', where we will be exploring a range of holidays!

DT- Can you create your own healthy snack using ingredients in your fridges or cupboards? Can you chop your snack up carefully?

Can you draw a picture of your favourite healthy snack choice and write the initial sound next to it? Can you write a sentence?

E.g. 'a' for 'apple'

Or 'I love red apples, because they are juicy.'

Counting and writing numbers is really important when you are booking people's holidays! Can you write number 1-30 and recall the order they go in?

[Counting 1 to 20 | Number Songs | PINKFONG Songs for Children - YouTube](#)

Show your grown ups how amazing you are counting to 100!

[Let's Count To 100 | ft. Finny the Shark | Super Simple Songs \(youtube.com\)](#)

Listen to some topic related and stories online e.g.

[Blippi Learns Healthy Eating For Kids At Tanaka Farm | Educational Videos For Toddlers \(youtube.com\)](#)

[Every Night is Pizza Night by J. Kenji López-Alt | READ ALOUD | CHILDREN'S BOOK \(youtube.com\)](#)

Talk about/ write/ draw your favourite parts

RSHE: Can I use the internet safely?

Have a go at playing a game on the internet. Remember to be safe! [Games for kids and early years activities - CBeebies - BBC](#)

Take a photo of your amazing home learning and either put it onto Tapestry, or email it to us [hayley.baker@newarkorchard.notts.sch.uk](mailto:hayley.baker@newarkorchard.notts.sch.uk)

### The H1 Team!



Hayley (Teacher)



Rachael (TA)



Lisa (TA)



Becky (TA)

## H1: Summer Term

### information

This term H1 will be taking part in swimming at the Leisure Centre where they will be offered swimming lessons. This will happen on a Friday.

Please ensure we have swimming kits sent into school for their swimming lessons.

H1 love to learn through sensory, water and messy play both indoors and outdoors! Sending spare clothes into school for your child would be helpful for us to use when we have messy and water play if needed!

As we get into hotter weather, please ensure sun cream and a sunhat is provided.

P.E. for H1 is imbedded throughout the curriculum, and physical activity takes place daily. For this term H1 children will require a P.E kit to get changed into, as they develop their life skills and learn to get themselves dressed.

P.E sessions are on a Tuesday AM and Thursday PM.

If you have any questions or concerns please ring the school, or you can email me on [hayley.baker@newarkorchard.notts.sch.uk](mailto:hayley.baker@newarkorchard.notts.sch.uk)