





























































































































'Individual Growth, Individual People'

Head Teacher: Mrs M A Tyers

Lunch Time Menu Spring 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	Pork sausage, Yorkshire pudding	Cheese tomato pizza, herby potato	Roast chicken, Yorkshire pudding,	Chicken & bacon wraps, oven	Oven baked fish, fries, mushy peas
w/c 08.01.24	mashed potatoes, peas, carrots & gravy   	salad  	roast potatoes, cabbage, carrots	baked wedges & salad  	or baked beans     
29.01.24			peas & gravy    		
26.02.24					
18.03.24	Fish cake, roast potatoes & peas   	Vegetable goujons, savoury rice & sweet chilli sauce 	Jacket potato with cheese or baked beans 	Broccoli & potato bake, garlic slice  	Sausage roll, fries, mushy peas or baked beans  
	Chocolate Brownie and Ice-cream   	Cornflake tart & custard  	Strawberry cheesecake   	Rocky road slice  	Chocolate chip cookies & milkshake  
Week 2	Chicken & vegetable pie, mashed	Cottage pie, cabbage, carrots &	Roast pork sausage, stuffing,	Beef lasagne with herby diced	Oven baked fish, fries, mushy
w/c 15.01.24	potatoes, carrots, peas & gravy	gravy   	yorkshire pudding, mashed potato,	potatoes, green salad   	peas or baked beans     
05.02.24	   		carrots, peas, cauliflower & gravy    	Jacket potato with tuna mayo or cheese  	
04.03.24					
25.03.24	Fish fingers, mashed potato, peas, & carrots   	Cheese & tomato melt & fries 	Cheese & tomato panini & coleslaw   	Steamed lemon sponge with custard   	Chicken burger in a bun with salad  
	Chocolate éclair   	Lemon shortcake bar   	Butterscotch tart & custard   		Strawberry jelly & ice cream 
Week 3	Spaghetti bolognese with garlic	Sea stars, fries & peas  	Roast gammon, roast potatoes,	Pork meatballs with tomato sauce &	Oven baked fish, fries, mushy peas
w/c 22.01.24	slice   		mashed potatoes, carrots, cabbage	spaghetti   	or baked beans     
19.02.24			with onion sauce or gravy   	Cheese & onion quiche with roast	Cheese & tomato pizza with
11.03.24	Cheese & tuna pasta bake with	Veggie Chilli nachos with rice   	Vegetable Curry with rice   	potatoes and beans   	fries & baked beans 
	chopped salad    		Toffee apple sponge & custard   	Mixed fruit crumble with custard   	Strawberry yoghurt ice cream
	Carrot cake & custard   	Jam & cream scone  			tubs 

DAILY DESSERT OPTION OR YOGHURT

ALTERNATIVELY A HEALTHY PACKED LUNCH IS AVAILABLE DAILY

FOOD ALLERGY SYMBOLS

 Eggs	 Fish	 Lupin	 Mustard	 Celery	 Sesame	 Cereals containing gluten	 Sulphur dioxide	 Crustaceans	 Peanuts	 Soya	 Nuts	 Milk	 Molluscs
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