



'Individual Growth, Individual People'

Head Teacher: Mrs M A Tyers

Lunch Time Menu Summer 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	Pork Sausage Bake, Mashed Potato	Fish Finger Roll, Saute Potatoes,	Roast Chicken, Roast Potatoes,	Chicken Goujons, Fries &	Oven Baked Fish, Fries,
w/c 17.04.23	Carrots & Peas	Tomato Sauce	Stuffing, Yorkshire Pudding,	Baked Beans	Mushy Peas or Baked Beans
08.05.23			Carrots, Broccoli & Gravy		
05.06.23					
26.06.23	Vegetable & Singapore Noodles in	Cheese & Tomato Pasta,	Jacket Potato Tuna & Sweetcorn	Tuna & Cheese Wrap,	Cheese & Tomato Pizza Served
17.07.23	Spicy Sauce	Sweetcorn & Mixed Pepper Salad		Herby Diced Potatoes & Colesaw	with the above
	Fridge cake	Steamed Jam Sponge & Custard	Iced Ginger Shortcake & Custard	Strawberry Cream Scone	Orange Muffin & Milkshake
Week 2	Cottage Pie, Spring Cabbage,	Chicken Tikka & Rice	Lincolnshire Sausage, Yorkshire	Pork Meatballs in Savoury Sauce,	Oven Baked Fish, Fries,
w/c 24.04.23	Carrots & Gravy	Poppadom & Mango Dip	Pudding, Creamed Potatoes, Cabbage,	Spaghetti & Garlic Bread	Mushy Peas or Baked Beans
15.05.23			Carrots & Gravy		
12.06.23					
03.07.23	Cheese & Tomato Panini &	Fishcake, Herby Diced Potatoes &	Cheese & Potato Flan, Colesaw &	Ploughman's lunch	Large Sausage Roll Served
24.07.23	Summer mixed Salad	Baked Beans	Side Salad		with the above
	Crispy Lemon curd Flan & Custard	Strawberry Cheesecake	Fruity Flapjack & Milkshake	Caramel Carrot Cake	Fresh Fruit Salad, Greek Yoghurt
					Topped with Granola
Week 3	Ham & Cheese Quiche,	Beef Lasagne, Ciabatta Bread	Roast Pork Sausage, Yorkshire Pud,	Cornish Pasty, Roast Potatoes,	Oven Baked Fish, Fries, Mushy Peas
w/c 01.05.23	New Potatoes & Baked Beans	& Garden Peas	Stuffing, Roast Potatoes, Carrots,	Vegetables & Gravy	or Baked Beans
22.05.23			Broccoli cheese & Gravy		
19.06.23					
10.07.23	Vegetable spring roll, Savoury Rice	Deli Roll Served with Ham & Salad	Cheese Lattice, Potato Noisettes &	Jacket Potato, Vegetable Chilli	Chicken Burger in a bun Served
	& Chinese Curry sauce		Spaghetti Hoops	& Cheese	with the above
	Choc Chip Cookie	Berry Crumble Jack & Ice Cream	Lemon Drizzle Cake & Custard	Butterscotch Tart & Custard	Fruit Meringue Nest

DAILY DESSERT OPTION: YOGHURT, FRUIT OR CHEESE & BISCUITS

A HEALTHY PACKED LUNCH IS AVAILABLE DAILY

FOOD ALLERGY SYMBOLS

Eggs	Fish	Lupin	Mustard	Celery	Sesame	Cereals containing gluten	Sulphur dioxide	Crustaceans	Peanuts	Soya	Nuts	Milk	Molluscs