



'Individual Growth, Individual People'

Head Teacher: Mrs M A Tyers

Lunch Time Menu Autumn 2022

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	Beef and potato pie, carrots, peas & gravy	Chicken curry served with rice & naan bread	Roast chicken, Yorkshire pudding, stuffing, roast & mashed potatoes, veg, broccoli cheese & gravy	Breakfast brunch- sausage, bacon, egg, potato hash, beans & tomatoes	Oven baked fish or Sausage roll
w/c 05.09.22					
26.09.22					
31.10.22	Fish cake, potato wedges & baked beans	Ham & cheese pizza, herby potatoes and coleslaw	Cheese roll, roast potatoes & beans	Jacket potato with veggie chilli	both served with potato wedges, mushy peas or baked beans
21.11.22					
12.12.22					
	Orchard crumble and custard	Bakewell tart & custard	Jam sponge & custard	Strawberry cheesecake	Sticky toffee pudding & ice cream
Week 2	Beef spaghetti bolognese topped with cheese and served with a garlic slice	Cheese & potato pie with carrots & peas	Roast sausage, Yorkshire pudding, stuffing, roast & mashed potatoes, veg, broccoli cheese & gravy	Tuna & cheese pasta bake served with salad & coleslaw	Oven baked fish, potato wedges, mushy peas or baked beans
w/c 12.09.22					
03.10.22					
07.11.22		Fish fingers, roast potatoes, peas & parsley sauce	Jacket potato with cheese or vegetable curry	Battered chicken burger in a bun served with oven chips	Cheese & tomato melt served with chopped salad
28.11.22	Jacket potato with tuna & sweetcorn mayo				
19.12.22	Chocolate raspberry sponge cake & chocolate custard	Oat chocolate chip cookie & milkshake	Jam & cream scone	Lemon buttercream cupcake	Butterscotch tart & custard
Week 3	Chicken goujons with herby diced potatoes & chopped salad	Cornish pasty, potatoes, carrots, peas & gravy	Roast gammon, Yorkshire pudding, roast & mashed potatoes, veg, broccoli cheese & gravy	Chicken fajitas with a savoury dip	Oven baked fish, potato wedges, mushy peas or baked beans
w/c 19.09.22					
10.10.22					
14.11.22	Pizza baguette with fries & beans	Cheese & tomato pasta bake served with salad	Jacket potato with cheese or beans	Vegetable lasagne with Roasted oven potato wedges	Hot dog, onions & fries
05.12.22					
	Strawberry Angel whirl	Steamed syrup sponge & custard	Carrot cake & custard	Chocolate fridge cake	Flapjack milkshake

DAILY DESSERT OPTION, YOGHURT OR CHEESE & BISUITS

JACKET POTATOES WITH VARIOUS TOPPING OR A HEALTHY PACKED LUNCH ARE AVAILABLE DAILY

FOOD ALLERGY SYMBOLS

Eggs	Fish	Lupin	Mustard	Celery	Sesame	Cereals containing gluten	Sulphur dioxide	Crustaceans	Peanuts	Soya	Nuts	Milk	Molluscs