

## Post-16 Homework Ideas – Autumn Term 2021

Welcome back to another year filled with lots to look forward to! Here is some information about what is to come over the next term and ways you can support at home.

### **English**

This term, we will be baselining the students to identify the areas we need to focus on.

Kelly's group will be learning about different styles of writing, and reading different types of text. In addition to this, students will practise their spellings and use of punctuation. Kate's group will be reinforcing their basic English skills and use these when accessing the community. We will be learning about how to write instructions, identify different text types and write about our own experience. We will also be accessing the community every other week to reinforce our skills in the real world.

### **Maths**

As with English, we will spend time baselining the students. Kate and Craig's groups will be practising our number skills, such as solving problems containing all 4 operations. We will also recap our shape knowledge and recognising units of measurement. Kelly's group will be learning about money and practising giving change. They will also be developing their number skills and being able to do simple addition and subtraction in a range of contexts.

### **Relationships and Sex Education**

This term will focus on the health prevention. We will learn about helpful and harmful microbes; the importance of hand, respiratory and dental hygiene and the importance of good sleep. A priority lesson this term is based on the importance of self-examination. This will involve watching simple explanatory videos and using balloons to help us practise and help to locate any abnormalities.

After half term, our focus will move to drugs, alcohol and tobacco awareness. We will learn about the risk associated with using these substances and the consequences on our lives.

### **ASDAN PSD**

The PSD challenges we will be completing this term are Healthy Living and Community Action. The Healthy Living unit focuses on gaining an understanding on how to maintain a healthy lifestyle and how to keep our homes clean.

Community Action explores the resources we have in our local area that support our community, such as YMCA and Reach.

### **Life Skills**

Life skills remain a crucial focus of the work in Post 16. We will carry on with our Team Enterprise programme, planning and cooking staff lunches. At Reach, we will take part in a range of projects.

All students have undertaken an informal interview with our Work Experience Teaching Assistant, Suz. This has been to explore possible work experience placements based on the student's interests. At present, apart from our group projects, it is proving challenging to organise external placements. As a result, we are establishing as many internal placements as possible. If you wish to discuss work experience placements further, this can be done in your child's EHC review or you can contact me at [kfell1@newarkorchard.notts.sch.uk](mailto:kfell1@newarkorchard.notts.sch.uk).

### **Vocational**

This will continue on a Wednesday, with students picking a morning and afternoon option and work towards accreditation in each area. Options include Art, Fitness, DT and Hair and Beauty.

As part of our transition packages, we are planning to organise visits to a number of Post 18 providers. We are also looking to take our students to Portland College to complete the NCS Programme, more details to follow soon!

Thank you for your continued support.

*P16 Team*