



'Individual Growth, Individual People'

Head Teacher: Mrs M A Tyers

Lunch Time Menu Autumn 2021

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	Beef and potato pie, carrots, peas & gravy w/c 01.09.21 20.09.21 11.10.21 15.11.21 06.12.21	Chicken curry served with rice & naan bread 01.10.21 10.10.21 20.10.21 30.10.21 09.11.21	Roast chicken, Yorkshire pudding, stuffing, roast & mashed potatoes, veg, broccoli cheese & gravy 01.10.21 10.10.21 20.10.21 30.10.21 09.11.21	Breakfast brunch- sausage, bacon, egg, potato hash, beans & tomatoes 01.10.21 10.10.21 20.10.21 30.10.21 09.11.21	Oven baked fish or Sausage roll both served with potato wedges, mushy peas or baked beans 01.10.21 10.10.21 20.10.21 30.10.21 09.11.21
Week 2	Beef spaghetti bolognese topped with cheese and served with a garlic slice w/c 06.09.21 27.09.21 01.11.21 22.11.21 13.12.21	Cheese & potato pie with carrots & peas 01.10.21 10.10.21 20.10.21 30.10.21 09.11.21	Roast sausage, Yorkshire pudding, stuffing, roast & mashed potatoes, veg, broccoli cheese & gravy 01.10.21 10.10.21 20.10.21 30.10.21 09.11.21	Tuna & cheese pasta bake served with salad & coleslaw 01.10.21 10.10.21 20.10.21 30.10.21 09.11.21	Oven baked fish, potato wedges, mushy peas or baked beans 01.10.21 10.10.21 20.10.21 30.10.21 09.11.21
Week 3	Chicken goujons with herby diced potatoes & chopped salad w/c 13.09.21 04.10.21 08.11.21 29.11.21	Cornish pasty, potatoes, carrots, peas & gravy 01.10.21 10.10.21 20.10.21 30.10.21 09.11.21	Roast gammon, Yorkshire pudding, roast & mashed potatoes, veg, broccoli cheese & gravy 01.10.21 10.10.21 20.10.21 30.10.21 09.11.21	Chicken fajitas with a savoury dip 01.10.21 10.10.21 20.10.21 30.10.21 09.11.21	Oven baked fish, potato wedges, mushy peas or baked beans 01.10.21 10.10.21 20.10.21 30.10.21 09.11.21

DAILY DESSERT OPTION, YOGHURT OR CHEESE & BISUITS

JACKET POTATOES WITH VARIOUS TOPPING OR A HEALTHY PACKED LUNCH ARE AVAILABLE DAILY

FOOD ALLERGY SYMBOLS

Eggs	Fish	Lupin	Mustard	Celery	Sesame	Cereals containing gluten	Sulphur dioxide	Crustaceans	Peanuts	Soya	Nuts	Milk	Molluscs