



NEWS FROM CLASS 13

Summer Term 2021

As we start the summer term, we are all hoping that things will soon be back to normal, with everyone in school and a gradual return to being able to get out and about into the community and meeting up with friends. We will have to see how things work out.

In Class 13 we will continue to work on many of the targets that we started back in September. These include encouraging everyone to be as independent as they possibly can be. This includes dressing skills and also skills around eating and drinking at both snack times and lunch times. Please continue with these things at home as over the months, we have seen many improvements in this area. We have also worked on students being able to do things such as opening different boxes and other containers. Our current focus is getting those students who eat crisps at break to be able to open their own packets.

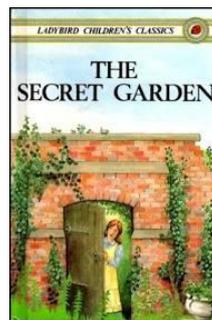


We often do activities to support students to strengthen their pincer grip, which helps with so many things. This includes being able to pull up zips and also use buttons. If you are able and it is appropriate, get them to help peg out the washing-if you use spring pegs! If this is not possible, you can use coloured pegs for other activities. Try painting a paper plate then place the pegs around the edge to make "petals". You could cut out an animal



shape and peg pegs on for legs or ears or a tail. The possibilities are endless!!! Coloured pegs are also good objects to use to practise sorting into colours or use them for counting activities.

All the students continue to work on their personal targets. For most in the class, this includes following physiotherapy programmes which involve changes of position and exercises. All the students are supported to complete physical activities to maintain fitness. A few really enjoy the use of the playground equipment such as the swings and slide.



As a class, we will try to get outside as much as possible. As part of our topic we are finding out what things to look for in spring and summer. We are also reading an abridged version of "The Secret Garden". We shall be planting seeds and watching them grow. If you can, planting any seeds or plants at home would be a great activity, especially if the students can help water them and watch them grow.

Other lessons and activities continue as normal, such as art and music. Some students are in the life skills groups on Wednesday, some take part in more sensory based activities. Communication is a focus for them all, so they can have ways to express themselves and make meaningful choices.

A final piece of news from Class 13 is to let you know that Jo, who was part of our team for most of the year, has now started her maternity leave. In her place, we have Julie, who joined the staff in November. She is now getting to know everyone!

As always, if you have any questions or would like more ideas as to how to support the students at home, please do get in touch.

Moyra, Janet, Sean and Julie