



*'Individual Growth, Individual People'*

Head Teacher: Mrs M A Tyers

**Lunch Time Menu**  
**Autumn 2020**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Week 1</b>	Pork meatballs in tomato sauce, herby potatoes on pasta twists w/c 31.08.20 21.09.20 12.10.20 16.11.20 07.12.20  Apple & strawberry crumble & custard	Minced beef & potato pie, mashed potatoes & veg Surf fish burger, curly fries, garden peas, tomato sauce  White chocolate chip cookie & ice cream	Roast chicken, Yorkshire pudding, stuffing, roast & mashed potatoes, broccoli cheese & veg Quorn fillet Jam & cream scone	Cornish slice, roast potatoes, veg & gravy Vegetarian chilli con carne, savoury rice & Nachos Iced lemon cake & custard	Oven baked fish or Sausage roll Served with jacket wedges, mushy peas, baked beans Iced chocolate shortcake & custard
<b>Week 2</b>	Beef lasagne, mixed salad with garlic slice w/c 07.09.20 28.09.20 02.11.20 23.11.20 14.12.20  Cornflake tart & custard	Chicken & mushroom slice, mashed potatoes, veg & gravy Vegetable burger Ginger cookie & chocolate milkshake	Roast Lincs sausage, Yorkshire pudding, stuffing, roast & mashed potatoes, broccoli cheese & veg Vegetarian sausage Steamed syrup sponge & custard	Cheese & ham pizza, herby diced potatoes, garden peas & sweetcorn Tuna mayonnaise wrap with rainbow salad & potato wedges Butterscotch tart & custard	Oven baked fish or Chicken burger in a bun Served with potato waffles, mushy peas or baked beans Arctic roll
<b>Week 3</b>	Chicken korma, savoury rice & poppadum w/c 14.09.20 05.10.20 09.11.20 30.11.20  Cherry flapjack & milkshake	Jumbo fish finger, mashed potatoes & baked beans Vegetable lasagne, peas & herby diced potatoes Chocolate fudge sponge with chocolate sauce	Roast pork loin, Yorkshire pudding, stuffing, roast & mashed potatoes, broccoli cheese & veg Cheese roll, roast potatoes & baked beans Strawberry cheesecake	Spaghetti bolognese, garlic slice, sprinkle of cheese Ham & cheese baguette with mixed salad & potato noisettes Carrot cake & custard	Oven baked fish or Cheese & tomato panini Served with jacket wedges mushy peas or baked beans Butterscotch Angel Delight

**DAILY DESSERT OPTION, YOGHURT OR CHEESE & BISUITS**

**JACKET POTATOES WITH VARIOUS TOPPING OR A HEALTHY PACKED LUNCH ARE AVAILABLE DAILY**

**FOOD ALLERGY SYMBOLS**

Eggs	Fish	Lupin	Mustard	Celery	Sesame	Cereals containing gluten	Sulphur dioxide	Crustaceans	Peanuts	Soya	Nuts	Milk	Molluscs