

NEWS FROM U3

January 2020



Happy New Year to you!

Time seems to be racing on and we are already getting on with the work and activities planned for this term.

As always, the work we do in class has a sensory base and all the activities we do are designed so that all the students can access them in one way or the other. The students in U3 have differing needs so the topics we study tend to be general. This allows the students to work on their specific targets within a general framework.

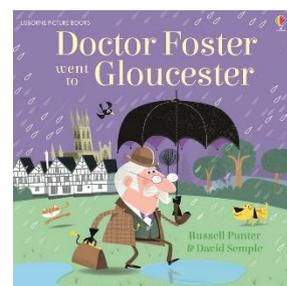
This term our topic is **WINTER,WEATHER,WATER, WIND**. Within this we will obviously find out about what it feels like to be outside at this time of year. We will try to get out of school and look at the surrounding environment, going



along the cycle track to the lake. We will look at the things that grow and wildlife, such as birds, ducks and squirrels. In order to support us at school, when you are out and about, please talk about being outside in the winter. What does it feel like to be in the cold or wind or rain? What clothes do people wear in winter? Should there be frost or ice or snow, please talk about this too!

Within school we will do some science, experimenting with the different forms that water takes . We will freeze some water and watch it melt. We will feel the difference between hot and cold. We will also consider the clothing students wear in winter. For some students this will also include being able to identify different clothes e.g. hat, gloves, scarf, coat. Again, please talk through the clothes people must wear in winter to keep warm.

To supplement our topic work, we will be making a sensory book to go with all we do. We will be reading and listening to a variety of stories and rhymes. We will put copies into our topic books and items to support their meaning so the students can enjoy sharing these books with an adult later.



All the students in the class enjoy being read to so please continue to do this at home. At school we often turn stories into sensory experiences by adding “special effects” . For example, if we were reading about the wind, we might use a fan so we could see the effects of the wind or feel the blowing on our faces.

The students will all continue working on their individual targets. They will take any opportunities they can to mix with students in other classes. They will continue to follow their physio programmes. This includes hydrotherapy and rebound therapy this term for those who have it, also swimming and body awareness sessions. Communication targets remain paramount with students being supported to make choices and express their opinions in the way which works best for them.

It is only possible to give you a flavour of the work we do at school, but you are always welcome to discuss further any of the things we do. Just write a note in the home school diary or ring the school office to make an appointment!

Best wishes,

Moyra and Sean

(U3 staff)