

## Post-16 Homework Ideas – Autumn Term 2019-20

Welcome back to another year filled with lots to look forward to! Here is some information about what is to come over the next term and ways you can support at home.

### **English**

*This term, we will use our Functional English sessions to cover lots of aspects of our safeguarding curriculum. We will cover topics such as our own strengths, living a healthy lifestyle and life skills. We will keep working hard on reading and understanding information to answer simple questions. Our main focus will be thinking of our own ideas for writing and writing accurate sentences, using full stops and capital letters. In addition, we will carry on developing our speaking and listening skills, ensuring we can confidently make contributions to discussions and respond appropriately to others.*

For those students who are not following the functional skills pathway, we will be reinforcing our basic English skills and use these to access the community. We will visit the library, local shops and facilities to find out specific information and develop our communication skills with unfamiliar adults, e.g. asking for directions, where things are in shops, etc.

### **Maths**

*We are working towards our AIM Functional Skills Assessment. We are working on basic number skills and the four operations. Any help you can give at home and when you are out and about involving counting, adding, taking away, multiplying and dividing, would be great.*

### **SMSC/Careers**

*This term we will be learning about healthy life styles, including the importance of a healthy diet, exercise and positive mental health. We will cover health and safety in the home, which will be taught mainly through the life skills sessions but we also have a visit planned from the fire service. Later in the term, we will cover drug and alcohol education and some basic sex and relationships guidance.*

### **ASDAN PSD**

This is a new accreditation this year for Post 16. We will cover a variety of subject areas that will develop our communication, team working and independence skills. The challenges will also prepare the students for adult life.

The first 2 topics we will cover are “healthy living” and “community action”. The community action unit fits well with our volunteering work at Thoresby and events we plan in school, such as the MacMillan coffee morning. We will investigate community groups within our local area and the impact they have in the community.

### **Life Skills**

Life skills remain a crucial focus of the work in U5. We will continue with our Team Enterprise programme, planning and cooking staff lunches. At Thoresby Park, we will be taking part in a new project with Ranger Rich, building a sensory garden area in the play park.

In addition to the hard work in the classroom, we will also plan visits later in the term to Newark and Portland College. This has proved incredibly successful over the last few years in providing Year 13 students with a smoother transition period and allowing Year 12 students an insight into life beyond Newark Orchard. Letters will go out with more information nearer the time.

Thank you for your continued support.

P16 Team