



'Individual Growth, Individual People'

Head Teacher: Mrs M A Tyers

Lunch Time Menu Summer 2019

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	Pork sausage, new potatoes, mixed veg & gravy w/c 22.04.19 13.05.19 10.06.19 01.07.19 22.07.19 Jacket potato with either cheese or tuna mayo Fudge pudding & custard	Cheese & red onion quiche, potato wedges & baked beans Macaroni cheese with garlic bread and salad Iced fairy cake & ice cream	Beef lasagne served with a chopped salad Cheese roll, roast potatoes & peas Meringue basket with fruit & cream	Roast chicken, yorkshire pudding, stuffing, roast & new potatoes, peas, carrots & cauliflower cheese & gravy Jacket potato with veggie chilli Jam tart & custard	Oven baked fish, mashed potatoes, mushy peas & parsley sauce Sausage roll, potato wedges & coleslaw Oaty cookie & milkshake
Week 2	Beef spaghetti bolognese & garlic bread w/c 29.04.19 20.05.19 17.06.19 08.07.19 Fishcake, herby diced potatoes & peas Iced chocolate shortcake & custard	Ham & cheese pasta bake, roast potatoes & chopped salad Cheese & tuna salad with 1/2 jacket potato Banana cake & custard	Chicken & vegetable pie, mixed veg, new potatoes & gravy Ham & cheese panini with salad & coleslaw Chocolate chip cookie & custard	Roast pork sausage, yorkshire pudding, stuffing, potatoes, carrots, cabbage, peas, gravy & apple sauce Cheese & potato slice, potatoes, peas, carrots & cabbage Fruit, jelly & cream	Oven baked fish, sliced potatoes, mushy peas or baked beans Cheese & tomato pizza, sliced potatoes, mushy peas or baked beans Carrot cake & custard
Week 3	Tuna pasta bake, sliced potatoes & peas w/c 06.05.19 03.06.19 24.06.19 15.07.19 Chicken burger in a bun with salad Cherry shortcake & custard	Chicken curry & rice Fish fingers, potatoes & baked beans Apple pie & ice cream	Pork meatballs served on spaghetti with a garlic slice Veggie chilli & rice Butterscotch tart & custard	Roast pork, yorkshire pudding, stuffing, roast & mashed potatoes, carrots, peas, broccoli cheese, gravy Jacket potato with cheese & beans Fresh fruit salad & yoghurt	Oven baked fish, potatoes, mushy peas or baked beans Cheese & tomato wrap, salad & coleslaw Lemon drizzle cup cakes

DAILY DESSERT OPTION, YOGHURT OR CHEESE & BISUITS

SALADS, JACKET POTATOES WITH VARIOUS TOPPING OR A HEALTHY PACKED LUNCH ARE AVAILABLE DAILY

FOOD ALLERGY SYMBOLS

Eggs	Fish	Lupin	Mustard	Celery	Sesame	Cereals containing gluten	Sulphur dioxide	Crustaceans	Peanuts	Soya	Nuts	Milk	Molluscs