

NEWS FROM U3 – January 2019



Happy New Year to you all! We hope you enjoyed the festive period! It is hard to believe we are already half way through January. No doubt you will all be looking forward to the days getting longer again, just like us. As always, we thought you would like to know some of the things we have planned for the term and some suggestions as to how you can best support your son or daughter at home.

We are beginning the term doing a bit of work about the season of winter. This will involve talking about the weather and the things that can be seen when it is cold. It always helps if we have a bit of snow or some good hard frosts in this respect!



Later in the term we will change our focus to signs of spring and the celebration of Easter. We will include in our work, art, music, science and sensory experiences as well as sharing books and stories about this topic. Please take any opportunities you have to talk about this subject, such as discussing wrapping up warm, feeding the birds in winter or even having to scrape the ice off the car!

As a contrast to our immediate environment, we will have a complete change and do some work about traditional tales starting with Aladdin and his magic lamp. This will provide us with lots of opportunities for creativity



and escapism! No matter what topic we are doing, all the students continue to work on their basic targets as described in

their EHC plans, be they about being more independent, exploring objects in the environment, communicating or even counting. The topics just provide additional points of interest. There are always activities which involve the use of different senses to ensure all the students can access the lessons. Students also have regular sessions in the sensory room, either working on a 1:1 basis or as a shared experience.



For the students in U3, it is important that they continue with their programmes of physical activities. Hydro will continue for those who access that lesson as will rebound therapy. This will be in the second part of the term. On a daily basis, students continue with their stretches and walking and they all do some body awareness work each week.

All the students are encouraged to make choices for themselves and this is something you can support them to do at home. It could be that you show them objects to enhance their understanding and get them to touch or vocalise their preference, such as which flavour drink they would like or which story to read. The opportunity for students to make choices for themselves becomes ever more important as they get older.



If you would like to know any more about what we do on a daily basis in U3 or if you would like to discuss in greater detail the ways you could support your child at home, please get in touch. We are only too happy to help.

Moyra, Janet, Andy and Sean

