

Post-16 Homework Ideas – Autumn Term 2018-19

Welcome back to another year filled with lots to look forward to! Here is some information about what is to come over the next term and ways you can support at home.

English

This term, we will use our Functional English sessions to cover lots of aspects of our safeguarding curriculum. We will cover topics such as our own strengths, living a healthy lifestyle and life skills. We will keep working hard on reading and understanding information to answer simple questions. Our main focus will be thinking of our own ideas for writing and writing accurate sentences, using full stops and capital letters. In addition, we will carry on developing our speaking and listening skills, ensuring we can confidently make contributions to discussions and respond appropriately to others.

Maths

We continue to work towards our AIM Functional Skills Assessment. We are working on basic number skills, written words and numbers, addition and subtraction and measuring and units, using different equipment such as rulers, jugs and scales. We will also continue work on using and recognising coins and notes. Any help you can give at home and when you are out and about, involving counting, measuring and using money, would be great.

SMSC

This term we will be learning about healthy life styles, including the importance of a healthy diet, exercise and positive mental health. We will think about health and safety in the home, covered mainly in the life skills sessions but we also have a visit planned from the fire service. Later in the term, we will cover drug and alcohol education and some basic sex and relationships guidance.

Life Skills

Life skills remain a crucial focus of the work in U5. The students will continue with planning their own menus and will cook their own lunches every other week. We will carry on with simple profit and loss work and understand how to shop on a budget. On Tuesday afternoons, we will continue with travel training with the aim of achieving the red Level by the end of the summer term. The aim is to identify facilities in the local area and navigate ourselves to the library using our road safety skills.

We will also carry on with our Team Enterprise programme, planning and cooking staff lunches. We have planned a menu from around the world, with some tasty recipes to cook. After October half term, we will take our turn with our work experience project at Thoresby Park. We will continue with the development of the kitchen garden, working alongside Ranger Rich!

In addition to the hard work in the classroom, we will also plan visits to Newark and Portland College, which is a vital part of Post 16. This has proved incredibly successful over the last few years in providing Year 13 students with a smoother transition period and allowing Year 12 students an insight into life beyond Newark Orchard. Letters will go out with more information nearer the time.

Thank you for your continued support.

Kate, Craig, Sue and Emma