

## **VOCATIONAL WEDNESDAY**

On London Road site we have our vocational day where the students choose which accreditation they would like to study based on personal interests. We offer a range of AIM Independent Living Units from Entry 1 to Entry 3 level and also AIM Skills for Employment & Future Learning Units which are achieved at Entry 3, Level 1.

We offer a range of courses which are:

### **Animal Care**

In Animal Care the students will have the opportunity to care for small animals, including the school dogs and rabbits. We will be working alongside Pets at Home who will provide practical sessions on how to keep animals happy and healthy. We will learn about visits to the vet, suitable foods to give to animals and how to groom them to keep their fur in good condition.

### **Health & Fitness**

During this course the students will develop knowledge on the importance of exercise. They will plan and deliver warm up and cool down sessions and understand how these prepare the body for exercise. They will learn what suitable clothing for different activities is. They will also be developing their evaluation skills and comment on how successful a session has been.

### **Life Skills/Shopping**

Within this course the students will develop skills in making simple meals and drinks. They will recognise the equipment and ingredients needed and will manage these as independently as possible. There will also be opportunities to go shopping, where students are encouraged to bring a small amount of money and learn how to manage a budget. They also participate in grocery shopping, reading lists and learning to recognise the best deals in the marketplace and at the big supermarkets.

### **Health**

Over the year the students will be looking at different beauty products and how to use them appropriately to look after themselves. Students will learn how to use make up, face packs and nail varnish. They will learn how to style hair and look after hair. In addition, students will learn the importance of keeping themselves fit, healthy and safe.

### **DT**

In DT students will make a variety of wooden items. They will learn about the Health & Safety aspects of working in the DT room. Students will learn how to safely use small hand tools and, with one-to-one support, use the machinery. At times students may be involved in Team Enterprise projects.

### **Horticulture**

Within Horticulture students will access the school allotment. They will learn how to use small gardening tools and learn about what to plant in different seasons. Students will learn how to plant, cultivate, prune and generally look after plants and vegetables in the allotment. They will work to keep areas of school tidy. Students will work together to design areas, plan and plant. At times students will also be involved with enterprise.

### **Art**

During the course of the year in Art students will learn to use and work with different mediums. They will develop and begin to understand different artistic styles and learn about different artists.

All of the above courses are designed to foster independence, confidence and show progression with skills.